

CYCLONE

BE PREPARED • TAKE PRECAUTIONS • STAY SAFE



Prepare children for emergencies

Help children memorize vital information



Give children tags with emergency contact information



Practice calling on emergency contact number



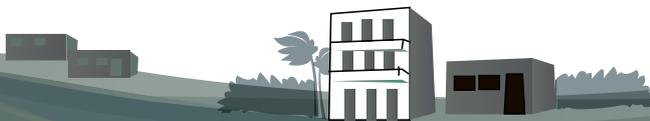
Ensure access to safety information for children with special needs



Counsel children to save cell phone battery



Teach children age-appropriate first aid



HELPLINE 112



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Teach response options to children

Ask children to stay inside and away from doors and windows



Ensure age-appropriate activities to help them reduce stress and trauma



Check for any signs of stress or trauma and provide support



Talk to your children, pay attention and let them explain their concerns and fears.



Get Out:
Get away from the disaster, go to cyclone shelter and stay there



Keep Out:
Keep danger out. Lock and Block doors, windows and stay away.



Hide Out:
Protect yourself in safe places like the innermost room, if roof is falling, stay under heavy furniture.



HELPLINE 112



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Ensure safety of children



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Tips to remember: Preparing for cyclone



Turn off all the main switches on getting instructions from authorities and don't touch electrical equipment with wet hands



Board up windows using wooden boards or thick paper or heavy curtain



Look out for broken electric poles and wires, sharp objects and debris



Protect and move important documents and valuables to a higher level



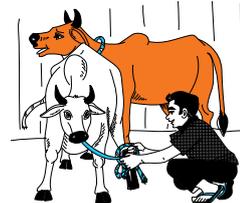
Know your nearest safe high ground/ safe shelter and the safest access route to it



Stay away from windows, doors, walls and skylights



Secure your house, especially the roof, carry out repairs and don't leave sharp objects loose



Untie all domestic animals



HELPLINE 112

